

2011 Fall Kick Off: Saturday AM Session Group A

Warm Up: 9:00 AM- 9:30AM

Meet Starts at 10:10AM

Flag End

1	2	3	4	5	6	7	8
WFLY	WFLY	SB	SB	AQTX	AQTX	COTA	LAP

Non-Flag End

1	2	3	4	5	6	7	8
NITRO	NITRO	NITRO	NITRO	NITRO	TCAC	WWW	FHD

Diving Well

1	2	3	4	5	6	7	8	9	10
NITRO	NITRO	NITRO	NITRO	NITRO	NITRO	NAMS	NAMS	GHAR	UN

2011 Fall Kick Off: Saturday AM Session Group B

Warm Up: 9:30AM-10:00AM

Meet Starts at 10:10AM

Flag End

1	2	3	4	5	6	7	8
LSAC	LSAC	LSAC	LSAC	GOLD	GOLD	GOLD	LCA/ETEX

Non-Flag End

1	2	3	4	5	6	7	8
CPS	CPS	CPS	CPS	MARC	MARC	HSC	HSC

Diving Well

1	2	3	4	5	6	7	8	9	10
WAVE	WAVE	HEAT	HEAT	CTAC	CTAC	TXLA/BEAT	TXLA/TWST	TLXA/CCSS	TXLA/SASA

***All Afternoon Sessions will have General Warm Up lanes. No lanes will be assigned.**

2011 Fall Kick Off: Sunday AM Session Group A

Warm Up: 8:00 AM- 8:30AM

Meet Starts at 9:10AM

Flag End

1	2	3	4	5	6	7	8
LSAC	LSAC	LSAC	LSAC	GOLD	GOLD	GOLD	LCA/ETEX

Non-Flag End

1	2	3	4	5	6	7	8
CPS	CPS	CPS	CPS	MARC	MARC	HSC	HSC

Diving Well

1	2	3	4	5	6	7	8	9	10
WAVE	WAVE	HEAT	HEAT	CTAC	CTAC	TXLA/BEAT	TXLA/TWST	TLXA/CCSS	TXLA/SASA

2011 Fall Kick Off: Sunday AM Session Group B

Warm Up: 8:30AM-9:00AM

Meet Starts at 9:10AM

Flag End

1	2	3	4	5	6	7	8
WFLY	WFLY	SB	SB	AQTX	AQTX	COTA	LAP

Non-Flag End

1	2	3	4	5	6	7	8
NITRO	NITRO	NITRO	NITRO	NITRO	TCAC	WWW	FHD

Diving Well

1	2	3	4	5	6	7	8	9	10
NITRO	NITRO	NITRO	NITRO	NITRO	NITRO	NAMS	NAMS	GHAR	UN

***All Afternoon Sessions will have General Warm Up lanes. No lanes will be assigned.**